My School My Voice
Child Protection Workshop

Training Details:

Purpose of event:
To aware the MSMV members on knowing and understanding Child Rights and the ways of safeguarding.

Location:
Shree Chilaune Secondary School, Sindhupalchowk

Facilitators:
Objective:
✓ Understanding about the various Child Rights
✓ To Understanding how to safeguard your Rights
✓ Understanding Their Community
✓ MSMV members to understand their own potential

Organisation Profile

Childreach Nepal (CRN):
CRN is a local registered as a local non-governmental organization in Nepal. Since 2009, CRN has been consistently working in different districts of Nepal (Lalitpur, Bhaktapur, Kathmandu, Kavre, Dolakha and Sindhupalchok) in partnership with local community’s schools and the government of Nepal to Unlock a Child Potential. CRN strongly believes that all children in Nepal should have access to education, healthcare, protection and most importantly an opportunity for meaningful participation. It uses holistic development approaches where children are not objects but active agents of their own development. It also acknowledges the role of community in learning and development of children. CRN strive to create schools as center of children and community development. For implementing this approach the strategies, it has adopted includes safeguarding child protection, knowledge creation and sharing best practice models and adding value to government policies and initiatives. It is envisioned that through these means CRN will be able to bring about the changes in the live of children and community in its target areas.

Result:
The two days child rights and protection workshop conducted on September 12-13, 2019 was the first workshop conducted or rather given to the members of My School My Voice. The workshop was filled with various different activities where the members had the platform to express themselves and their opinions.
Training Details:

Background:

The project My School My Voice (MSMV) will provide a platform for the children to learn and understand, what their Rights are, who the Right holders are, and it’s ways of implementation etc. Along with knowing the Rights, they will also be informed on the importance of Rights to protection, its systems and mechanism. Therefore, the project also involves children to express their innovative ideas in tackling, and addressing the issues, and voice out their opinions or concern in terms of safeguarding their Rights. In this process it also involves children to learn, analyse and, explore their field of interest to enhance their skills and freedom to express themselves their views and opinions in terms of decision making that affect their daily lives.

MSMV is working in four schools of Panch Pokhari, Thangpal, Rural Municipality, Sindhupalchok, Nepal. The project will establish My School My Voice clubs in the schools from class 6 to 10. Of which 6 students will be councillors (who will be overlooking and analysing the decision making of the project) and 10 students will be members (who will be involved directly in problem identification and coming with solutions). The MSMV members will be involved directly with the schools and students in conducting awareness programmes (Based on Children Rights) and make sure that the schools have a proper child Protection referral system within their schools. The project ensures maximum children’s participation in terms of identifying the issues, addressing and supporting the Local Rural Municipalities in mobilizing Children Rights activities and, voice out their opinions in making and advocating policies. Likewise, the project will provide a hand on work experience to the members, as they will be given a job opportunities to work in their communities as a child protection champions.

Session:

Day One:

The first session started with a brief introduction of the members by the means of an activity where they say their name attached with an adjective. Some of the participants were really enthusiastic in this approach of introducing themselves while some were shy about it. The workshop continued with explaining the objectives of the workshop along with the introduction to the members on various
child rights they need to be aware about which included The United Nations Convention on the Rights of the Child as well as different forms of abuse and what according to them lies within the concept of abuse. We made the members note down what their expectation were from this workshop, which included making new friends, knowing about their rights and understanding the role of MSMV Club more clearly.

After the theoretical session were activities. The two activities done before lunch were of self-reflective activities where they members reflect on their life. The two activities were: ‘My World’ and ‘Me, Myself and I’. In the activity ‘My world’ the member were told to make 5 concentric circles where the inner most circle was oneself, followed by my family member, followed by my relatives, followed by my friends and then my community members. Members were encouraged to spend time outside the classroom to reflect who they want to place within their circles. In the activity ‘Me, Myself and I’ the members reflected aspects themselves – their good habits, habits they need to improve, the opportunities they have and the challenges they face. Few members tool these exercise to reflect while few were confused but still did their best in reflecting themselves. After the members shared their reflections they realized the meaning behind the exercise was to evaluate who in their life do they find they feel most comfortable and safe with.

After lunch activities included carrying out a community mapping by the members where the respective schools drew up what they believe their community looked like. After drawing up their community the member had to mark up areas that they believe are safe and unsafe. The members started to reflect on their community in details and discussed on the areas they find safe/unsafe. Followed by this activity members were divided into different groups that included different school members in one group and were given a task to come up with a skit that included action they believe violates child rights in their own community. In short span the students were able portray problems such as peer pressure into smoking, alcoholism in family, corporal punishment, family abuse, labor in home and so on. Throughout the drama the moderators encouraged the kids to find ways they could have solved the situation, what could they have done?
Day Two:
The second day of the event started with reflection on what they had learnt the previous day through the medium of a short quiz contest. Followed by various communications related activities where the students had were given activities where they had to communicate with their partners on various scenarios. Throughout the communications activities such as mirror-mirror the kids participated actively, at one point it even became slightly difficult to manage the children. The objective behind those exercises was to teach them to observe and pay attention rather than just make assumption. The next exercise was for the students to formulate ‘Child protection code of conducts’ that they believe would benefit them, protect and safeguard their rights and make their community a safe place for them.

After lunch was the activity played was the mystery person game where the kids had to guess the famous person that was attached to them through asking various questions – the famous person were people the kids listed that they admired. After the exercise the kids were told to list of the characteristics of those famous people (list out reasons why they admired them) after listing out those charters they were told to reflect if they find that those features reflected on them. They listed activities such leadership skills, hardworking, compassionate, and empathic and so on. The objective behind the exercise was for the children to realize their potential. The next exercise was where the students was on ‘needs vs. wants’ where they were given a set of items and were made to keep items that they find valuable. The objective behind the activity was for the kids to understand the different between needs and wants. Towards the end of the activity the kids realized that some of the items they saved were not needs rather they were wants.

The final activity was for the kids to present the code of conduct they formulated, presenting their community mapping and showcasing the areas they find safe and unsafe and writing their feedbacks of the two-day' workshop.

Rooms of Improvement:
- We were unable to showcase the kids videos on abuse and rights for clear understanding due to technical difficulties.
- Show presentation in nepali language
Experience Sharing:

I really enjoyed this two days training session. This training made me realize on things I need to improve on myself such as being more proactive in class. I got to meet other students from other schools as well. I even participated in awareness drama session and learned new things the drama session. If this training was for 3-4 days instead of 2, I would have learnt many more new things.

I found this training to be very effective, productive and fun. I enjoyed the presentation on UNCRC and Child Rights most interesting which is useful for us for exams as well.
I really enjoyed this two days training. I got to make new friends and know them better. I also got to talk openly with the teachers of this training.

I got to learn many new things from this MSMV training, things we had not been taught in school such as Child Rights, Child Abuse and Child Protection. We also learned about good and bad communication. We also got to learn many productive games.