



ANNUAL REPORT

2023/24

 **childreach**
Nepal
unlock a child's potential

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A word from the Chairperson



As Chair of the Board of Childreach Nepal, it is an honor to reflect on our achievements over the past year and share the progress we have made. I am grateful for the unwavering dedication of our team, partners, and the communities we serve. Their collective efforts have been instrumental in advancing our mission and creating a meaningful impact.

At Childreach Nepal, we integrate sports, healthcare, education, and child protection into our programs to address children's needs and unlock their full potential. The fiscal year 2023/24 has seen successful implementation across key initiatives, including the Goal Project, Goal-S Project, Project Chhori, and ECD programs.

And for the seamless execution of these programs, a key factor has been our focus on community engagement. By collaborating with local leaders, parents, and educators, we tailor our initiatives to meet specific community needs, ensuring they remain relevant and impactful.

Financial stewardship remains a top priority for us, as we continue to manage contributions transparently and efficiently. We are committed to ensuring every resource is allocated effectively to support programs that bring about tangible improvements in the children's lives.

None of our achievements would have been possible without the steadfast support of our stakeholders. On behalf of the Board, I extend heartfelt gratitude for your invaluable contributions. Your trust in our mission inspires us to continue striving for meaningful change.

Looking ahead, we are committed to broadening our impact and empowering more communities through innovative strategies and partnerships. With your continued support, we are confident in overcoming challenges and creating lasting change as we work together toward a brighter future for the children of Nepal

A handwritten signature in black ink, appearing to read 'Nima Lama'.

Nima Lama,
Chair of the Board,
Childreach Nepal

About us:

Childreach Nepal is a national non-governmental organization established in 2009. We have been consistently working in rural communities since 2010. We strongly believe that all children in Nepal should have access to education, healthcare, protection and most importantly an opportunity for meaningful participation.

We use holistic development approaches where children are not objects but active agents of their own development. It also acknowledges the role of the community in learning and development of children. Childreach Nepal strives to create schools as centers for children and community development.



Vision

A world where children have the opportunity to unlock their potential in life.



Mission

To enhance children's access to healthcare, education, and protection, while restoring their rights and empowering them to drive positive change through community-based solutions.



Approach

Our approach is rooted in collaboration, working closely with community partners to understand their challenges through human-centered, participatory methods. We then identify and explore solutions together, providing the necessary resources and expertise to empower communities to take ownership and effectively implement their plans.

Values

We work with integrity and passion to bring about change for children and their families and communities.

Through the power of teamwork, we seek to create inclusive innovation for development, and use a human-centered approach to empower children and young people to speak up and claim their rights.

Integrity

We work with fairness and honesty to maintain the credibility of the organization and its activities, holding ourselves accountable to the highest standards in all that we do.

Teamwork

Childreach Nepal is a family. To Get Things Done we rely on mutual support, collaboration and cooperation both internally and with all our valued partners.

Inclusion

Celebrating diversity enables us to create, support and promote equitable opportunities for every child within our partner communities.

Innovation

Optimistic experimentation is crucial to the success and growth of our projects and our organization. Thinking creatively leads to better solutions that transform lives.



Passion

Our absolute belief in child rights is at the heart of our work. We are dedicated, motivated and endlessly enthusiastic about helping communities to help themselves.

Human-Centered

Our projects are co-designed and implemented with our community partners in a single rural municipality. We bring empathy and compassion to recognize, value and include the needs and ideas of each and every individual.

Empowerment

Children should be seen and heard. Our work helps them find autonomy, confidence and the self-determination and voice needed to articulate and claim their own rights.

Learning

Education is a right that doesn't end in school. As a learning organization, we embrace our failures as well as our successes and see every lesson as an opportunity for improvement.

Our Partners

We work in partnership with:



Our Projects

Sports for Development



- GOAL Project
- GOAL-S Project
(Getting Opportunities and Learning in Social Studies)

Child Protection



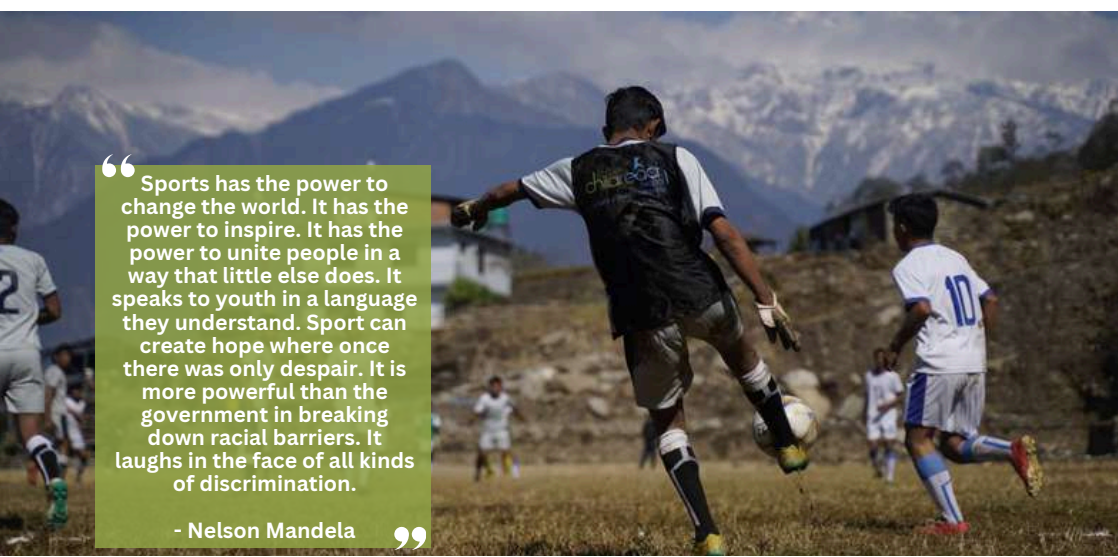
- Project Chhori

Education



- Early Childhood Development (ECD)

Sports for Development



“ Sports has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair. It is more powerful than the government in breaking down racial barriers. It laughs in the face of all kinds of discrimination.

- Nelson Mandela ”

This iconic statement, delivered by Nelson Mandela on May 25, 2000, at the inaugural Laureus Sports Awards, perfectly encapsulates the essence of sport for development: its ability to drive social change.

Since 2013, Childreach Nepal has been implementing the Sports for Development program across several districts, including Kathmandu, Bhaktapur, Lalitpur, Sindhupalchowk, Dolakha, Kavrepalanchowk, and Rupandehi. Using an innovative play-based methodology, we collaborate closely with community partners, employing participatory, human-centered approaches to foster peace, social integration, and healthy lifestyles within diverse geographical, cultural, and political contexts.

Sports encompass all forms of physical activity and games, whether organized or casual, that aim to enhance physical abilities and skills while providing enjoyment for participants and entertainment for audiences. According to our evaluation, sports have proven to be a powerful tool for driving change at both individual and collective levels. As a globally embraced leisure activity with a rich history, sports transcend cultural boundaries, promoting inclusivity and understanding.

Furthermore, engaging in sports fosters open-mindedness. During play, children naturally set aside mental barriers, making them more receptive to new ideas and learning opportunities. This transformative potential underscores the critical role sports can play in community development and empowerment.

The Objective of the Sports for Development program include:

- To ensure children have the access to play and sports in schools.
- Create contextual sports curriculum that addresses key issues affecting children in the community.
- To create safe sporting spaces for children and youths.
- To empower and encourage girls to raise their voice against harmful traditions and stereotypical thinking.
- To educate, aware and inform parents and communities around child protection issues through the use of sport.

As part of the Sports for Development program, Childreach Nepal is running two initiatives:

- GOAL Project
- Getting Opportunities and Learning in Social Studies (GOAL-S) Project



GOAL Project

The GOAL Project is a women's empowerment initiative in collaboration with WomenWin, that uses sports and life skills education to transform the lives of underprivileged adolescent girls, both on and off the field. Through a comprehensive curriculum, the program addresses critical topics such as health, rights, communication, financial literacy, and teamwork.

Currently, the project is implemented in two districts: Kathmandu (Rani Devi Secondary School) and Bhaktapur (Ganesh Secondary School). Participants receive training through sessions based on the GOAL curriculum, which focuses on a variety of life skills, financial literacy, health and empowerment. Alongside sports activities, the program offers life skills workshops led by influential female figures from the community, with active involvement from parents and teachers. While football is the primary sport used to engage the participants, the project is also exploring the inclusion of other sports like cricket and activities such as wall climbing to enrich the experience.

The Sports for Development approach provides girls with leadership opportunities during weekly sessions and allows them to represent their schools in various sports competitions. These experiences empower them to discover their untapped potential and build self-confidence. The sessions are led by GOAL Coaches, supported by Peer Leaders, who also meet regularly with the coaches to ensure smooth execution and effective management of the program.

GOAL Project Objectives:

- Enhance problem-solving skills and foster life skills development.
- Promote active participation in sports among adolescent girls.
- Support the social, mental, financial, and physical development of adolescent girls.
- Encourage teamwork and collaboration among participants.
- Foster capacity building and personal growth.
- Empower girls to speak out against violence and abuse through development practices.

By leveraging sports as a catalyst for social change, the GOAL Project seeks to engage girls in community schools, creating an environment where they can develop leadership skills and access new opportunities for personal growth.

The GOAL curriculum has four modules:



Be Yourself

‘Be yourself’: The 'Be Yourself' module focuses on adolescent girls, a unique group with their desires and challenges. This phase marks significant mental and physical changes in their lives. They must grasp self-worth, define their roles at home and in the community, and nurture self-confidence. The module covers key topics like effective communication, handling peer pressure, conflict resolution, understanding gender roles, identifying role models, and setting future goals.



Be Healthy

‘Be Healthy’: Adolescence brings significant changes in a girl's body, including periods and sexual desires, which can be hard to talk about. Ignorance about these matters is risky, so girls must learn about hygiene for their well-being and future success. The 'Be Healthy' module covers topics like body positivity, basic anatomy, personal and household hygiene, sexual health, and preventing infections like HIV and AIDS.



Be Empowered

‘Be empowered’: It establish standards for fair treatment, enabling individuals to assert and safeguard their own and others' rights. The 'Be Empowered' module educates on rights, sexual rights, safety in discussing domestic and sexual violence, awareness of available resources, and understanding local environmental concerns.



Be Money Savvy

‘Be Money Savvy’: Financial literacy is a vital skill that grants individuals greater control over their lives, regardless of age or math proficiency. Even with limited funds, one can benefit from learning how to earn, spend wisely, and save. Financial literacy education prepares adolescents for their future roles, teaching budgeting basics, exploring job options, demystifying banks, and distinguishing between saving and borrowing. It also emphasizes understanding the consequences of borrowing. Furthermore, it sheds

In addition to the four core modules, we will organize GOAL events on international days (such as World Menstrual Hygiene Day, Women's Day, and others). These events will be used to raise awareness and engage with participants. We will also plan several life skills development training sessions and workshops throughout the duration of the project.

Activities Conducted

Weekly Sessions: Weekly GOAL sessions were held based on the GOAL curriculum, focusing on empowering adolescent girls through modules like Be Yourself, Be Healthy, Be Empowered, and Be Money Savvy. These sessions, conducted in partnership with Ganesh Secondary School and Rani Devi Basic School, aimed to build confidence, raise health awareness, foster empowerment, and develop financial literacy. The program, which started in Bhadra 2080, concluded successfully in Baishak 2081, marking a key milestone in cultivating essential life skills and making a lasting impact on the participants.

Women's Day Celebration: In honor of Women's Day, jerseys were distributed to the GOAL girls as a gesture of encouragement and support for their active involvement in the program. A total of 53 jerseys were given, with 33 sets at Ganesh Secondary School and 20 sets at Rani Devi Basic School. This initiative sought to promote unity, pride, and motivation among the girls, reinforcing the values of empowerment and teamwork highlighted in the GOAL curriculum.

Community Engagement: Childreach Nepal commemorated the 114th International Women's Day by hosting a thought-provoking talk program titled "Addressing Violence Against Women: Challenges and Solutions." The event focused on critical issues such as patriarchal norms, weak legal frameworks, societal stigma, institutional barriers, and the compounded challenges faced by marginalized groups. Keynote speaker Mrs. Tulasa Lata Amatya, a renowned women's rights activist, proposed several solutions, including education campaigns to challenge stereotypes, survivor-centered legal reforms, investment in support services, and community engagement. The program emphasized the need for collective action to dismantle systemic inequalities and create a society where women can live free from violence and discrimination.





Baseline & Endline: A thorough baseline survey was conducted in Bhadra 2080, prior to the start of the weekly sessions, to assess participants' initial understanding, attitudes, and needs at both Ganesh Secondary School and Rani Devi Basic School. After the sessions were completed, an end-line survey was carried out in Baisakh 2081 to evaluate the impact of the GOAL curriculum and measure the progress made. Both surveys provided valuable insights into the program's effectiveness. The data collected was systematically entered into Salesforce (Women Win) to ensure accurate documentation, analysis, and reporting, aiding informed decision-making for future initiatives.



Quarterly Reports: Quarterly, detailed reports were submitted to the donor, Women Win, providing a comprehensive overview of the project's progress and activities. These reports included updates on the implementation of the GOAL curriculum, the number of beneficiaries reached, key program activities, and challenges faced along with strategies used to overcome them. The reporting process ensured transparency and accountability, with all reports compiled and submitted via Salesforce by an authorized individual, aligning with donor requirements and ensuring smooth communication and tracking of project outcomes.



Video Documentation: To document the program's impact and share success stories, video documentation was carried out at both partner schools. Filming took place on Bhadra 24th at Ganesh Secondary School and on Bhadra 31st at Rani Devi Basic School, featuring two selected beneficiaries from each school. A short case study video was also recorded with a beneficiary from Ganesh Secondary School, highlighting her journey and the positive changes brought about by the GOAL curriculum. These videos serve to showcase the program's achievements, provide visual narratives of its impact, and act as powerful tools for advocacy and stakeholder engagement.

Goal Graduation Ceremony

The Goal Graduation 2024, held on September 30th at Futsal Arena in Boudha, Kathmandu, was a vibrant and memorable celebration of the participants' dedication and accomplishments in the year-long Goal Project. This special event brought together 75 participants, volunteers, school staff, and Childreach Nepal representatives to honor the transformative journey of the Goal girls.

The program featured a friendly futsal match between Rani Devi and Ganesh Secondary School teams, art and craft activities creatively showcasing Goal curriculum themes such as Be Yourself, Be Healthy, Be Empowered, and Be Money Savvy, and a formal prize distribution ceremony. Participants and schools were acknowledged with certificates, trophies, and thoughtfully curated gift packages, while volunteers were also celebrated for their contributions.

The event fostered meaningful connections among participants, allowing them to share ideas, exchange contact information, and build friendships. Despite minor challenges due to delays, the team successfully adjusted the schedule to ensure the smooth execution of activities.

The Goal Graduation highlighted the program's significant impact on empowering young girls, providing them with a platform to express themselves and celebrate their achievements. It left everyone involved with cherished memories, underscoring the importance of recognizing growth and success.

Beneficiaries:

Direct	Indirect
Rani Devi Basic School: 28	Targeted: 150
Ganesh Secondary School: 35	Reached: 163





GOAL Event 2024

The GOAL Event 2024 was a resounding success, empowering 163 adolescent girls and distributed 50 GOAL Home Activity book at Shree Mahendra Shanti Secondary School and Shree Nepal Rastriya Secondary School.

The initiative combined sports, financial literacy, and life skills into an engaging play-based learning format. Through interactive games and activities, participants gained valuable insights into critical topics such as HIV/AIDS prevention, recognizing risky behaviors, and the importance of saving money. They also explored practical strategies to overcome financial challenges, equipping them with essential life skills for the future.



The event highlighted the role of sports in promoting mental, emotional, and physical growth, helping participants view sports as a powerful educational tool. It also nurtured self-confidence and communication skills by encouraging the girls to openly express their ideas and interact in a supportive environment. While some participants were initially shy, they gradually gained confidence, making the event more inclusive and impactful.

The positive feedback from schools and communities underscored the event's success in educating girls and fostering a sense of community and support. The collaboration between schools, the Childreach team, and volunteers further strengthened relationships, laying a foundation for sustained development. Participants left the event equipped with practical knowledge, enhanced confidence, and a sense of empowerment to contribute to their personal and community growth.

Case Studies

A total of 7 case studies were collected, with 4 participants from Ganesh Secondary School and 3 from Rani Devi School. Here is one of the cases:



“ My name is Rupa Thapa (Name Change), I am 11 years old, and I live in Sipadol, Bhaktapur. I study at Ganesh Secondary School.

My family consists of five members: my mother, father, elder sister, younger brother, and me. My favorite colors are black and white, and I love to eat Mo:Mo, Pani Puri, fruits, and vegetables. My dream is to become a doctor, and I enjoy free writing as a hobby.

As a student at Ganesh School, I got the opportunity to participate in the GOAL program. Before joining, I wasn't familiar with the program, and everything was new to me. Childreach Nepal introduced me and my friends to this program, which uses a play-based methodology, allowing us to learn through games. After attending the 28-day sessions, I learned about the menstrual cycle and menstrual hygiene. Although I haven't menstruated yet, this session has prepared me for the future.

One challenge I faced during the program was that some sessions were held in the morning, which conflicted with my household chores, and I sometimes arrived late. One of the most important topics for me was 'Wants & Needs'. Before this session, I didn't understand the difference between the two. I learned that 'wants' are desires, while 'needs' are essential things for survival, such as food, clothing, shelter, and health.

My favorite part of the program was 'Help in Our Community', where we did community mapping. From this activity, I learned where to get help in our community if we are ever in trouble or need assistance. It was helpful to know the places in our community that can meet our needs.

The least favorite part of the program was the 'Girls and Boys' session, as I was already familiar with the topic from my school books. Additionally, I would suggest that if there was a well-maintained ground at my school, the coaches wouldn't have to worry about the climate, and the sessions could be conducted more smoothly. ”

Overall, this program has given me the chance to play and learn many valuable things.

“

I am 12 years old and study at Shree Rani Devi Basic School. I aspire to become a teacher, doctor, or artist. My family includes my mother, father, older sister, middle sister, and me, the youngest Sanu lama (Name change). In my free time, I enjoy teaching others about right and wrong, as well as sketching and painting. Although I'm uncertain about my future career, I am determined to work hard and succeed, confident that I will make my family proud and achieve my goals one day.



I first heard about the GOAL Project through a school announcement. At first, I thought it would be similar to other programs, but it turned out to be very different. I initially expected it to be a class with presentations, but I soon realized it was much more interactive, using sports activities as a way of learning, which was a completely new experience for me.

Through the project, I learned about conflict and how to resolve it. In the past, I often encountered small conflicts with friends, siblings, and elders that I couldn't resolve, but now I know how to handle these situations, which has helped me improve my relationships.

The most important topics I learned during the sessions were the 28-day cycle and menstruation. Although I haven't gotten my period yet, I learned a lot about menstrual hygiene, what to do during menstruation, myths and facts surrounding it, nutritious foods, how to use sanitary pads, and how to dispose of them. This knowledge will be very helpful when I get my period in the future.

The lessons I gained from the GOAL program are priceless, and I'm proud to have been part of it. It was an amazing program, and every activity left me with lasting memories. Playing in teams, participating in discussions, role-playing, free writing, teamwork, and building leadership skills helped me understand myself better and realize my potential. Although waking up early was the least enjoyable part, I managed it and still loved the program.

I want to thank Childreach Nepal for bringing this program to our school. I'm grateful to be part of the GOAL program and to be a GOAL girl. I truly appreciated how you taught us valuable lessons for girls like me, and I will apply everything I've learned in my life. ”

GOAL-S Project

Getting Opportunities and Learning in Social Studies Project

The Getting Opportunities and Learning in Social Studies Project (GOAL-S) is an initiative under the Sports for Development Program, implemented in community schools within Panauti Municipality, Kavrepalanchowk and Tilottama Municipality, Rupandehi.

The project seeks to protect children from all forms of abuse and establish safe environments that shield them from vulnerabilities like child trafficking. By engaging closely with local communities, the project raises awareness about child protection issues and promotes strategies to address them effectively. Additionally, GOAL-S introduces innovative approaches by encouraging teachers to enhance their curricula through immersive, play-based pedagogical methods.

Beneficiaries:

Direct	Indirect
Teachers: 15 Male 10 Female 5	Teachers: 123 Male 71 Female: 52
Children: 500 Boys 300 Girls 250	Children: 1172 Boys 588 Girls 584
Youths: 73 Male 41 Female: 32	Youths: 2148 Male 1719 Female 429
Community Members: 638	Community Member: 3443



Activities under GOAL-S Project

Training of Trainers (TOT):

After completing the baseline survey, the first step in the program's implementation involved training selected focal teachers, youth leaders, and mentors from the partner schools. This training utilized a curriculum developed by our partner, Coaches Across Continents (CAC), and covered topics such as menstrual hygiene, child rights, education, environmental conservation, child protection from abuse, the importance of role models, and advocating against trafficking, drugs, and alcohol.



The primary objective of the training was to equip focal teachers, youth leaders, and mentors with the knowledge and skills necessary to implement the program in their respective schools. The training spanned four days, providing participants with in-depth insights into various issues and their solutions. At the conclusion, participants were awarded certificates to acknowledge their completion of the program.

Weekly session: Partner schools conduct every Friday one hour session at school where they deliver different session on different topic by youth leader with the support of focal teacher and mentor that we had select during Training of trainers (TOT). Where youth leader, focal teacher and mentor find the interested of the participant towards this project. At first every participant thought that they get technical training of sports whoever they feel it was very different and unique programme, through sports they can learn many new things which made participant very interesting and happy after they involved in this programme. After they conduct weekly session, they sent update to Childreach Nepal and discussed if they found any challenges or difficult to conduct session. After identified their issue, challenges and difficult Childreach Nepal provide different solution.



Monitoring visit: To observation update of the program implementation, we had 3 monitoring visited to 5 partner's school of Panauti Municipality, Kavrepalanchowk and one monitoring visit to 4 partner's school of Tilottama Municipality, Rupnadehi. On this visit we supported focal teachers, youth leaders and mentor to conduct session, we demonstrated them how to conduct session as well as collected their challenges and issue they found during session and help them to solve it.



Distribution of Sport Equipment: Sports equipment plays key role to motivate and encourage children and school management to run the program activities effectively. So every year we had planned to distribute sports equipment to all the partner schools. This year we distributed (270 set) football jersey and (54pcs) football, (2,250 pcs) Markers, (180 pcs) Cone and (9pcs) air pump in each school had been distributed in all 9 partner schools of Panauti Municipality, Kavrepalanchowk and Tilottama Municipality, Rupnadehi.



Case Studies

“ My name is Rasmita Sapkota (name changed), a 14-year-old student currently in grade 8 at Shree Sharada Secondary School. My family consists of four members: my father, mother, younger brother, and me. I enjoy dancing and writing poetry, and before joining this program, I participated in sports like volleyball and kabaddi.

Initially, I had very little understanding of the program. I only knew it involved practical learning but didn't think it would be connected to education. When I first heard about the Sports for Development program, I assumed it was solely focused on teaching sports. However, I soon realized that learning can happen through sports as well. Traditionally, people believe that education alone provides knowledge, but this program taught me that sports and play-based methodologies are also powerful tools for learning.

The program has made me very happy because it allows us to learn in diverse and engaging ways. I discovered that practical learning helps us retain knowledge more effectively than traditional education methods. Through the program, I also learned the value of unity and teamwork over working individually. It showed me that everyone has unique abilities, and appreciating these differences strengthens our collective efforts.

Having prior leadership experience, I found it easy to lead sessions at school. My favorite aspect of the program is how it provides an alternative way of learning for individuals who may not excel in academics, which I think is amazing. Finally, I would recommend expanding this program to cover other academic subjects, not just social studies. ”



“ My name is Nabin Gautam (name changed), and I am a 17-year-old male from Rupandehi district. My father works abroad, and I am deeply interested in social service, aspiring to help people who are marginalized in society. My ultimate goal is to achieve a significant position in life.

Unlike previous theoretical trainings, this program demonstrated how social issues relevant to our communities can be addressed practically through sports. Initially, I joined the program hoping to build my own confidence, and now I aspire for all beneficiaries of this program to gain the confidence to pursue anything in life.

Being part of the Sports for Development (S4D) program has been an enriching experience. It has greatly enhanced my leadership skills, especially as I had the chance to lead sessions for large groups. I learned that knowledge can be effectively gained through play-based methods, not just traditional studying. Although I was never particularly skilled in sports or physical activities, this program helped me realize my potential and overcome my doubts about fitting in.

One of the most valuable aspects of the program is its practical approach to tackling societal issues, which I find much more effective and long-lasting than theoretical methods. However, I believe many beneficiaries, including myself, initially felt shy, which is an area we need to address as we move forward.

I hold the trainers from Childreach Nepal in high regard; from our very first meeting, I felt a warm connection with them. I am grateful for the new perspectives and skills I have gained through this program. Currently, I don't see any major areas for improvement in the program. However, I do suggest exploring ways to adapt this program for larger groups of students while maintaining its impact. I strongly recommend continuing and expanding this initiative. ”

Experience of Mentor:

“ As a mentor, it was a fulfilling day, and I was excited to engage with the students. The session left me feeling happy and optimistic about the impact of the Sports for Development (S4D) program on the students' learning. However, I encountered a challenge due to the lack of an appropriate hall and the inability to conduct sessions on rainy days, which disrupted the program schedule. ”



Refresher Training:

The refresher training program was designed to reinforce and update participants' knowledge and skills, ensuring the smooth execution of school sessions. Its primary aim was to maintain high standards in weekly sessions by keeping participants informed, competent, and confident in their roles. These training sessions reviewed core concepts, practiced essential skills, and addressed gaps or misconceptions that emerged after the initial training.

The focus was on empowering teachers and youth leaders to identify challenges and develop practical solutions. They were equipped to organize and conduct sessions using coaching techniques and play-based pedagogical methods, which proved to be effective tools for transferring knowledge to students.



Childreach Fiesta 2024

Childreach Fiesta 2024, held on the 11th and 12th of Mangsir 2024 (26th to 27th November 2024) at Shree Shanti Namuna Secondary School in Tilottama-5, Rupandehi, was a vibrant and empowering event aimed at creating a safe space for children and youth to share experiences, recognize their strengths, and express themselves through play and cultural performances.

Facilitated by Childreach Nepal and the Global Fund for Children, the event saw participation from 98 students representing partner schools, communities, and diverse cultural backgrounds. This unique platform allowed children to showcase their skills, knowledge, and lived experiences, fostering an environment of fun, learning, and self-expression. The Fiesta not only uplifted the spirits of participants and community members but also provided opportunities for children to demonstrate their talents to coaches and potentially qualify for national-level events.



Activities Conducted

Cultural Shows:

This session featured participants from four communities, showcasing cultural performances that represented their ethnic groups. Through dance, acting, and drama, they displayed traditional ornaments and cultural attire. Both participants and the local audience had the opportunity to learn about different communities and their unique cultural expressions.



Football Match: The football matches at Childreach Fiesta 2024 were a community favorite, drawing fans of all ages. The event promoted teamwork, trust, and skill development, providing a platform for children to showcase their talent and explore opportunities at higher competitive levels. In the boys' category, Shree Shanti Namuna beat Shree Madhawaliya 3-2 to win the title, while in the girls' category, Shree Tikuligadh defeated Shree Shanti Namuna 1-0 to claim first place at Childreach Fiesta 2024.



Preparations for Childreach Fiesta 2024 in Panauti Municipality, Kavrepalanchowk, are complete, but the event is postponed due to ongoing school exams in the partner district.

Child Protection

Progress of Project Chhori

UNICEF estimates that one in ten girls misses school during menstruation or drops out entirely due to stigma, significantly affecting education and increasing vulnerability to trafficking.

Menstruation, a natural biological process for girls aged 11-15, is often stigmatized in Nepal and much of South Asia. Viewed as unclean, this taboo leaves many adolescent girls uninformed about menstrual health and hygiene, perpetuating harmful socio-cultural restrictions. These misconceptions push girls in rural Nepal to adopt unhygienic practices, leading to low self-esteem, gender inequality, and poor access to health and sanitary care.

To address these challenges, Childreach Nepal launched Project Chhori, a comprehensive initiative aimed at raising awareness of menstrual health and providing a school-based enterprise. The project focuses on producing affordable, biodegradable sanitary pads while equipping participants with valuable, practical skills. By improving access to low-cost pads and reinvesting earnings into sustaining the enterprise, Project Chhori also works to eliminate the stigma surrounding menstruation. Through these efforts, the project seeks to increase school attendance, reduce dropout rates, and empower adolescent girls.

Childreach Nepal is driven by the belief that children must have access to education, healthcare, protection, and opportunities for meaningful participation in order to unlock their full potential. The organization follows a holistic approach, viewing children as active agents of change in their own lives, rather than mere recipients of development. It serves as a platform for those committed to helping children and communities realize their potential and fight for their rights.

The project includes the installation of sanitary pad-making machines in selected schools, where four women from the local community will be trained to operate the machines. This initiative not only provides adolescent girls and women with access to low-cost, biodegradable sanitary pads but also offers students a practical, hands-on learning experience in finance and economics, subjects that are part of their school curriculum. Additionally, the project creates an entrepreneurial opportunity for women, empowering them to become independent, claim their rights, and explore new business ventures. This approach will help reduce school dropouts, garner support from male allies, and foster positive change in local communities.

Feedback of the participants and coaches:

Participating in Childreach Fiesta 2024 was an invaluable experience for me, and I am deeply grateful for the opportunity. Engaging in this event allowed me to expand my knowledge while contributing to its success. The event allowed me to gain insights into teamwork, quick decision-making, and crowd management. I learned that sports can be used not only for competition but also to raise awareness and identify students' potential. I look forward to future events that provide more learning opportunities.

-Maya Gharti

”

It was a great opportunity to promote the importance of sports and engage with children and coaches from rural communities. I learned about community issues like caste discrimination and superstition that affect children's growth. This experience motivated me to engage in physical activities myself.

-Jyoti Kafle

“

Childreach Fiesta 2024 was a highly rewarding experience, allowing me to engage with the Tilottama community and build connections with people. As an official desk representative, I played a role in ensuring the event's success while enjoying the energetic atmosphere. A highlight of the event was the recognition ceremony, where each school was celebrated for its participation. Overall, the event was a valuable learning experience, filled with joy, collaboration, and memorable moments.

-Anjana Tyata

”

The 2024 Fiesta at Shree Shanti Model School was a fantastic experience. The event showcased talents through football tournaments and cultural performances. Despite low volunteer numbers, we used school students to assist, ensuring smooth operations. The event was well-coordinated, although the closing ceremony had a brief delay due to scheduling conflicts, but the chief guest and mayor managed to meet briefly.

-Pooja Rana Magar

Objectives of Project Chhori

Promoting Awareness of Women's Rights: The project focuses on enhancing knowledge about menstrual hygiene among schoolgirls and women in the community, fostering a broader understanding of women's reproductive health and related needs. This awareness campaign also targets male family members, promoting a more inclusive approach to addressing women's issues.

Reducing School Dropout Rates: Project Chhori aims to improve school attendance by promoting hygienic practices and providing access to affordable sanitary napkins. This initiative empowers girls to continue their education without fear or embarrassment.

Promoting Affordable Menstrual Hygiene and Economic Empowerment: The project enhances access to low-cost, biodegradable sanitary pads, ensuring that adolescent girls and women have affordable menstrual hygiene products. It fosters economic empowerment by establishing community-based social enterprises for production and distribution. Additionally, the initiative integrates entrepreneurial and management education into the school curriculum, providing practical lessons in finance, economics, and business operations. This not only supports the academic development of girls but also equips them with entrepreneurial skills, creating employment opportunities and encouraging local entrepreneurship in the production of chemical-free sanitary products.



Activities Conducted

Menstrual Hygiene Management Awareness

Program: This program was held at 5 schools in Panauti Municipality, Kavre, 2 schools in Kathmandu Municipality, and 1 school in Bhaktapur Municipality. The presentation on Menstrual Hygiene Management (MHM) aimed to increase awareness and enhance understanding of menstruation, hygiene practices, and the challenges faced by menstruating individuals. A total of 276 students participated. The session concluded with the screening of a video on Menstrual Hygiene Management, sourced from GIZ Health Nepal.



Talk Program on Menstrual Hygiene

Management Childreach Nepal hosted a talk program on Menstrual Hygiene Management and Menopause on August 17, 2024, at the Auditorium Hall of Aarambha Restaurant in Kathmandu. Renowned gynecologists Dr. Sheela Verma and Dr. Chanda Shrivastav presented on the topics, followed by a Q&A session with the participants. A total of 38 individuals attended, including Childreach Nepal staff. The event concluded with brief speeches from Nepalese legendary actor Mr. Hari Bansha Acharya and Dr. Tshering Lama, the Founder of Childreach Nepal.

Sanitary Pad Demonstration in Panauti

Municipality: Mr. Joseph Shrestha, the founder and technician from Reverse Vending Machine (RVM), demonstrated a sample of the sanitary pad in Panauti Municipality to members of the Health, Women, and Education Departments.



Way Forward for Project Chhori

Due to technical issues, significant challenges arose in the production of sanitary pads, impacting both the efficiency and quality of the production line. As a result, a joint decision was made with Panchpokhari Rural Municipality to temporarily halt production until a sustainable solution could be found.

Childreach Nepal is exploring alternative solutions to address the broader issue of providing low-cost sanitary napkins in the region. This includes researching different materials, technologies, and production models that can further reduce costs, making sanitary products more accessible to marginalized communities.

To ensure the success and sustainability of this initiative, Childreach Nepal is actively seeking funding. These funds will support the continued development and implementation of the project, including the acquisition of the new machinery, training of local personnel, and the exploration of cost-effective alternatives for sanitary napkins. The goal is not only to resume production but also to create a self-sustaining model that will benefit the community for years to come.



Education

Early Childhood Development (ECD)

Learning begins at birth. The ECD program creates a supportive learning environment for children aged 3 to 5, promoting their physical, cognitive, social, and emotional development. ECD centers cater to children in this age range and their parents, aiming to provide children with the best start in life, boost their confidence, and help them reach their full potential as they begin school. The program also works to reduce repetition and dropout rates while supporting mothers in managing households, ensuring health, nutrition, and social protection.

This project enhances existing ECD centers in partnering schools by refurbishing classrooms with carpeting and painting. It also provides training to improve the quality and capacity of ECD facilitators, along with a standard set of teaching materials to support children's development. Additionally, the project strengthens the capacity of ECD management committees by connecting them with relevant schools, VDCs, or municipalities.

Objective of the Project:

- The project aims to strengthen ECD centers to provide high-quality early childhood services that foster cognitive, emotional, physical, and social development and learning for young children.



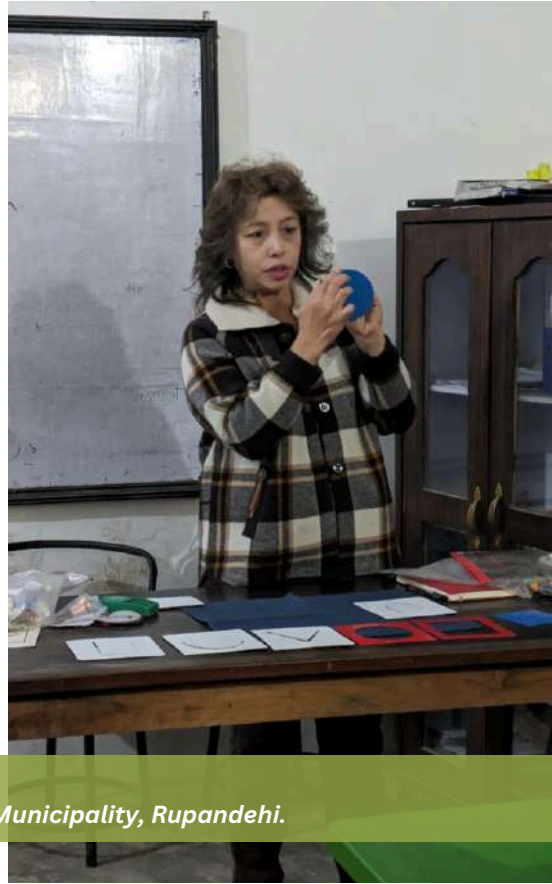
ECD Teacher Training:

The training combines both theoretical knowledge and practical teaching strategies, focusing on play-based learning, language development, and creating a safe, engaging environment for children. Teachers are also trained to identify developmental milestones, address varied learning needs, and collaborate with parents and communities to support children's overall well-being.

Effective ECD teacher training enhances children's learning outcomes, improves classroom dynamics, and provides a solid foundation for lifelong learning. The training is typically conducted through workshops, seminars, and on-the-job mentorship, often in collaboration with local education authorities or NGOs.

Number of Participants:

20 from 5 partner schools in Tilottama Municipality, Rupandehi.



Training Objectives:

- Understanding child development and the importance of early childhood education
- Exploring different teaching methods, including Montessori and Early Years Foundation Stage (EYFS)
- Developing effective teaching strategies

Conclusion:

The Early Childhood Development Facilitator Training' proved to be a success bringing together passionate educators and professionals dedicated to enhancing the quality of Early Childhood Education'. The success of this training reflects a commitment to advancing early childhood education. As participants return to their respective institutions, the ripple effect of this training is expected to positively impact the quality of ECD programs, creating a more nurturing and effective learning environment for young children.

Feedback of the participants:

“

Gita Neupane, Shree Shanti Namuna School

I found this 4-day ECD training to be highly effective. Although we've attended many trainings before, this one helped us realize the true importance of our role as teachers. It also showed us that our previous teaching methods were not effective. We would love to have similar training again in the future.

”

Sarita Karki, Shree Pashupati School

First, I would like to thank Childreach Nepal for giving me the opportunity to attend this training. Over the course of 4 days, I learned many new ways to teach pre-primary students. The practical knowledge I gained will be very beneficial for our students. This training enhanced our key learning skills, and I hope this type of training will be offered again. I thoroughly enjoyed it.

“

Reshma Gurung, Shree Pashupati School

I found the 4-day ECD training organized by Childreach Nepal to be very valuable. It taught us many useful things. While I've attended numerous trainings before, this one felt unique. The way Pramita Ma'am delivered the sessions made the 4 days seem too short. I hope Childreach Nepal organizes similar training in the future. The management was excellent.

”

Disaster Response

Severe rainfall in October triggered widespread floods and landslides across Kavrepalanchok, resulting in the tragic loss of 78 lives as reported by the District Police Office. The body of one victim was recently recovered from Roshi Rural Municipality. The most affected areas include Panauti Municipality, Bethanchowk Rural Municipality, Temal Rural Municipality, and Mandandeupur Municipality, with Panauti reporting the highest casualties.



Landslide Relief Distribution of Drinking Water Supplies in Temal Rural Municipality

Landslides in Temal Rural Municipality claimed 12 lives, including 8 women, 3 men, and 1 boy, while severely damaging water infrastructure in Wards 1–4. With pipelines rendered inoperable, residents relied on tanker deliveries, creating urgent challenges and logistical complications due to ongoing landslide risks.

To address the crisis, Childreach Nepal distributed 5,000 meters of water supply pipes across the affected wards, restoring access to clean drinking water and improving public health as follows:

- Ward 1: 2,700 meters
- Ward 2: 1,200 meters
- Ward 3: 500 meters
- Ward 4: 600 meters

Beneficiaries: 6,502 people of 4 wards



This initiative not only met immediate needs but also bolstered long-term resilience in the community. Childreach Nepal continues to collaborate with local authorities to monitor the system and ensure sustainable solutions, enhancing well-being and disaster preparedness for Temal Rural Municipality's resident.



On November 3, 2023, a 6.4 magnitude earthquake struck Jajarkot District, Nepal, with its epicenter in Barekot Rural Municipality, followed by a 5.8 aftershock on November 6. The disaster claimed 153 lives and fully destroyed 17,824 households in Jajarkot and Rukum West, with additional impacts in Rukum East and Salyan.

Relief distribution to earthquake victim of Nalgad Municipality, Jajarkot



In collaboration with Hami Nepal, Childreach Nepal contributed to relief efforts following the devastating 6.4 magnitude earthquake in Jajarkot, Karnali Province. Childreach Nepal provided essential in-kind donations, including 1,000 jackets, 700 caps, gloves, woolen items, and tents. These items were distributed to affected individuals, prioritizing vulnerable groups such as students and families in harsh winter conditions. The donated tents were allocated to schools, ensuring temporary shelter for educational activities.

The project's success was driven by Hami Nepal's comprehensive need assessments, efficient transportation to remote areas, and equitable distribution of resources. This collaboration exemplified resilience, compassion, and a strong commitment to helping affected communities.

Beyond providing essential aid, the initiative underscored the power and significance of community and global solidarity in responding to crises. Through meticulous planning, strategic coordination, and a dedicated on-ground approach, the relief efforts brought meaningful relief and hope to those affected by the earthquake, ensuring that every contribution had a tangible impact on rebuilding lives.



Financial Overview

Childreach Nepal is committed to financial transparency and accountability. In the fiscal year 2023-2024, the organization reported a total income and expenditure of NPR 74,71,293.00 in compliance with Nepal Accounting Standards. The consolidated accounts include a complete cost account, ensuring clear financial reporting.

Income	Expenditure
NPR	NPR
74,71,293	74,71,293

Out of the total income of NPR 74,71,293.00, NPR 6,021,484.00 (81%) was directed toward program costs, while NPR 1,449,809.00 (19%) was allocated to administrative and overhead costs. The annual expenditure matched the income, reflecting balanced financial management.

Income	Program
NPR	NPR 6,021,484
74,71,293	Administrative Use NPR 1,449,809

Expenditure	Program
NPR	NPR 6,021,484
74,71,293	Administrative Use NPR 1,449,809

Governance

Childreach Nepal successfully secured additional funding for the GOAL project from Woman Win, approved by the Social Welfare Council (SWC). Terms of Reference (TOR) for the GOAL-S project, supported by the FIFA Foundation and the Global Fund for Children in Tilottama Municipality, and Project Chhori, supported by Impact Marathon, have been submitted to SWC for Monitoring and Evaluation (M&E) across various project sites. Additionally, we received the Table Evaluation Report for the GOAL-S project, funded by the Global Fund for Children. The organization also achieved renewal of its registration with both Lalitpur Municipality and the Social Welfare Council.

Annual Plan 2024/25

- Submission of a proposal to FIFA Foundation and UEFA Foundation.
- Development and submission of a written proposal for 'Breaking Barriers 2025-2029'.
- Obtain SWC approval for Project Chhori and the GOAL project, supported by Impact Marathon.
- Complete organizational renewal with the Chief District Office (CDO) and Lalitpur Municipality.
- Expand collaboration with Coaches Across Continents for upcoming programs.
- Strengthen partnerships with municipalities and schools to enhance program outreach.
- Expand the 'Getting Opportunities and Learning in Social Studies' (GOAL-S) project to new districts.



Priority SDG's:

Our contribution to the Sustainable Development Goals



Childreach Nepal has strategically intervened in its program by aligning with the UN Sustainable Development Goals. The organization has been working under the following SDG goals and working to achieve its specific targets.



- Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol
- By 2030, ensure universal access to sexual and reproductive health services, including family planning, education, and integration into national programs.



- By 2030, ensure access to quality early childhood development and pre-primary education through the Early Childhood Development Project.
- Increase the supply of qualified teachers through international cooperation in teacher training, including the Teacher's Training – Science, Early Childhood Development, and GOAL'S Project Sports For Development.



- End all forms of discrimination against all women and girls everywhere (Sports for Development).
- Eliminate all forms of violence against all women and girls in the public and private spheres, including trafficking and sexual and other types of exploitation (Sports for Development – GOAL-s project).



- Foster global partnerships for sustainable development by uniting stakeholders to share knowledge, expertise, technology, and resources, with a focus on supporting developing communities.
- Promote effective collaborations among public, private, and civil society sectors, leveraging proven strategies and experiences.

Our Partners



Women Win is a global multi-dimensional fund investing in and supporting a diverse global portfolio of re-grantees (including non-traditional actors). The organization influences a wide range of stakeholders and broker unusual partnerships by creating strategic alliances with other women's funds, and co-creating collective funds based on shared governance.



Standard Chartered Bank Nepal Limited, established in 1987 as a joint-venture, is now an integral part of the Standard Chartered Group. The bank holds the exclusive ICRANP-IR AAA rating from ICRA Nepal. Standard Chartered is a prominent international banking group with a 160-year history in dynamic markets.



Global Fund for Children invests in community-based organizations around the world to help children and youth reach their full potential and advance their rights. From child trafficking to girls' education, the organization tackles complex challenges with solutions that are essential to the wellbeing of the children and communities.



The 196 Foundation helps one cause per year supporting those that need it the most - all over the world. The Foundation is all about collective responsibility. Tiny donations from lots of donors, support one cause once a year for the month of April.



Founded in 2008, Coaches Across Continents (CAC) is a global network using Purposeful Play and Education Outside the Classroom to advance the UN Sustainable Development Goals, impacting over 49 million youth in 133 countries.



Panchakanya Foundation CSR efforts focus on community empowerment, environmental stewardship, and women's issues, including housing for Nepal earthquake victims, community hall construction, and promoting education and empowerment through various initiatives.



LeadX Nepal focuses on knowledge and impact investment, fostering an ecosystem that includes Idea Studio Nepal, Connect Job, Childreach Nepal, and more. Through initiatives like leadership workshops, impact investments, and research, LeadX bridges Nepal with global opportunities, nurtures aspiring leaders, and empowers entrepreneurs.

Our Ecosystem

MOTHERS for MOTHERS



Mother for Mother is a group formed by mothers who contribute Rs. 1,000 monthly to support the essential needs of children at Meera Center. These contributions help provide food for the children and pay the salaries of the teachers who educate and care for them.



Meera Centre, a social foundation founded by Hari Bansha Acharya in memory of his late wife, is dedicated to the holistic development of children. Working under Childreach Nepal, Meera Center focuses on promoting the mental and physical well-being of children.





Idea Studio Nepal, a not-for-profit organization, fosters innovation to turn ideas into solutions, drive social change, and promote entrepreneurship. Guided by social innovation it collaborates with various sectors to support sustainable, eco-friendly businesses.







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